

Puberty and adolescence for young people with Down's syndrome

Tuesday 25 April 2017, 1:30pm – 4:30pm, Ashmount School, Loughborough

This half day course will focus on puberty and adolescence for young people with Down's syndrome.

Who should attend?

Any teaching staff from both primary and secondary level.

Course content

- Talking with young people about changes to their bodies and hormones.
- Talking with young people about being a teenager
- Sex and relationships; how to approach this, guidance and resources suggestions
- Friendships and self-esteem.

About the course provider

The Down's Syndrome Association are the only organisation in the country that focuses solely on all aspects of living successfully with Down's syndrome. Since 1970, they have grown from being a local parent group into a national charity with over 20,000 members.

Cost

£60 (members)
£85 (non-members)

To book a place

Email: jessefans@ashmount.leics.sch.uk
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