

# Staff Wellbeing and Workload

Tuesday 14<sup>th</sup> November, 9am – 3pm, Ashmount School, Loughborough

Staff wellbeing is vital to the effective work of a school, impacting on a wide range of organisational outcomes.

## Who should attend?

This course is intended for school leaders and all staff with an interest in whole-school approaches to managing teacher workload and wellbeing, rather than being a course for an individual needing personal coping strategies.

## About this course

This course explores practical and creative ways to address workload issues, and create a positive school culture where (inevitable) workload is not harming wellbeing or organisational objectives. The course includes a specific focus on understanding and minimising the causes of undue stress.

## Course Outcomes

- Clear, practical strategies and guidance for implementing effective changes to help support staff wellbeing, reduce workload, and minimise stress.
- Opportunity to create a bespoke action plan addressing the specific needs of your school.
- Resources to take back to school to help share ideas and embed practice discussed on the course.

## About the course leader

Steve Harris runs courses, speaks at conferences, works as a consultant, and often teaches in the schools he supports as a form of 'live CPD.'

Here in Leicestershire Steve recently lead a celebrated project on behalf of Public Health developing a whole school approach to integrating character development into every aspect of school life.

## Past Feedback

*"Steve has had a huge impact on staff and children alike! He is full of enthusiasm and his ideas, along with his commitment to improve wellbeing, are contagious and invaluable to staff at all levels."*

## Ways to book

[Click here](#) to book a place

or

**Email:** [jessevens@ashmount.leics.sch.uk](mailto:jessevens@ashmount.leics.sch.uk)

or

**Tel:** 01509 632911

**£95 (members)**  
**£115 (non-members)**